

Snabb Reference och Guide till Kosttillskott, Ekologisk Bionäring och Ekologiska Organiska Örtprodukter Från Indien på Engelska

Digestion		Cleansing	
Amla & Peppermint	Heartburn, acidity & diarrhoea	Chlorella	Deep detoxification
Fibre Plus	Regulates digestion	Clean Greens	Supports cleansing
Ginger	Digestion, circulation & nausea	Gokshura & Shatavari	Urinary imbalances, prostate health & cystitis
Guggul Plus	Healthy weight & high cholesterol	Guduchi & Neem	Detox & liver cleanse
Seven Seeds	Candida, bloating & gassy digestion	Neem	Candida & skin inflammation
Triphala	Bowel tonic & constipation	Neem & Sarsaparilla	Skin problems, acne, eczema & psoriasis
Triphala Plus	Chronic constipation & detox	Wheat Grass Juice	Supports cleansing
Weight Balance	Metabolism & digestion		
Heart, Pancreas, Circulation & Joints		Immunity	
Arjuna & Hawthorn	Heart support & circulation	Andrographis	Flu & infections
Gotu Kola & Turmeric	Healthy circulation, varicose veins & haemorrhoids	Andrographis & Holy Basil	Immunity & recurrent infections
Gymnema Plus, Weight Balance	Blood sugar balance, sugar cravings	Licorice & Ginger	Lung health & coughs
Mushroom Formula	Reduces blood pressure and LDL	Mushroom Formula	Supports the immune system
Punarnava Plus	Healthy blood pressure	Natural Vitamin C	Natural Vitamin C with bioflavonoids
Turmeric	Anti-oxidant, blood cleanser & healthy joints	Peppermint & Pippali	Hayfever & seasonal allergies
Turmeric & Boswellia	Joint pain and inflammation	Red Ginseng	Immune enhancement
		Trikatu	Colds, catarrh & allergic rhinitis
		Tulsi	Fatigue and degenerative disease
Stress & Mind		Everyday Health	
Ashwagandha	Stress & fatigue	Ashwagandha & Shatavari	Multi-herb health tonic
Ashwagandha & Gotu Kola	Anxiety & nervousness	Chlorella	Cleanses, alkalises & supports immunity
Brahmi Plus	Mental clarity, memory & depression	Chywanaprash	Immunity & antioxidant
Gotu Kola	Mental stress & concentration	Red Ginseng	Energy & vitality
Red Ginseng	Good mental health	Spirulina	Nourishes & strengthens
Tulsi	Supports physical, mental and environmental stress	Vitalise	Energy & stress
Valerian & Ashwagandha	Insomnia & severe stress		
Men's Health		Women's Health	
Ashwagandha Plus	Male fertility and energy	Shatavari	Menopause & female fertility
Red Ginseng	Male energy	Shatavari Plus	Balancing menstrual cycle & PMS